

FLYING COLOURS - 50km - KEY DETAILS (i)

50km - Event Schedule and Checkpoint information

Time	Cumulative Distance	Event
7:00am - 7:45am		Registrations at Tai Tam Country Park Barbecue Area 2 (Park View)
8:00am	0	Race Starts
8:20am	6	Water Point on Mount Parker Road opens
9:00am - 11:00am	11.5	CP1 at Quarry Gap
10:00am - 2:00pm	22	CP2 at Stanley Gap Road
11:00am - 4:30pm	28	CP3 at Lower Park View
12:00pm - 6:30pm	35.5	CP4 at Aberdeen Reservoir
12:30pm - 9:00pm	43	CP5 at Wan Chai Gap
1:00pm - 10:00pm	47	Lower Parkview CP (and diversion up Tai Tam Reservoir road after 10pm)
2:00pm	52	Finish of 1st runners
11:00pm	52	Finish of last runners and cutoff

FLYING COLOURS - 50km - KEY DETAILS (ii)

50km - Categories

Category	Specific Conditions
Individual Male / Female	16 or above
Individual Master Male / Female	40 or above
Corporate Team	<ul style="list-style-type: none">- 4 or 5 persons- All above 18- No limit to the number of teams per corporation

For any information, registration of family or corporate teams:

- mail us at: flyingcolourshktrail@gmail.com
- visit: www.flyingcolourshktrail.com



14 MARCH 2019 - RUN FOR GIRLS EDUCATION

Disclaimer: Participants should be in good physical condition and participate at their own risk, without any potential liability of the organizers of the trail.