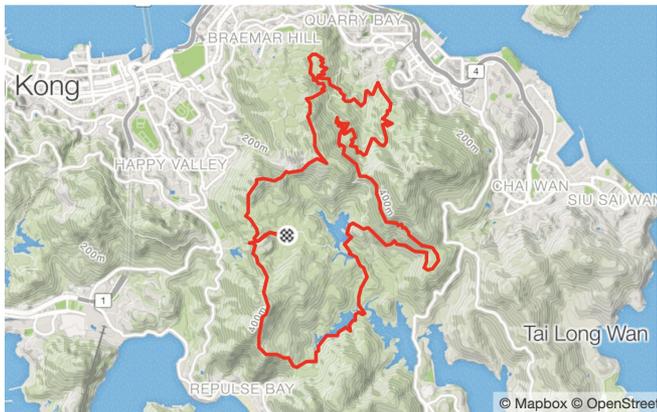


# FLYING COLOURS - 22km - KEY DETAILS (i)

## 22km - Event Schedule and Checkpoint information

Time	Event
8:00am - 8:45am	Registrations at Tai Tam Country Park Barbecue Area 2 (Park View)
9:00am	Race Starts
9.20am	Water Point on Mount Parker Road opens
10:00am - 1:00pm	CP1 at Quarry Gap
11:00am - 4:00pm	CP2 at Stanley Gap Road
12:00pm	Finish of 1st runners
6:00pm	Finish of last runners and cutoff



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# FLYING COLOURS - 22km - KEY DETAILS (ii)

## 22km - Categories

Category	Specific Conditions
Individual Male / Female	16 or above
Individual Master Male / Female	40 or above
Corporate Team	<ul style="list-style-type: none"><li>- 4 or 5 persons</li><li>- All above 18</li><li>- No limit to the number of teams per corporation</li></ul>

For any information, registration of family or corporate teams:

- mail us at: [flyingcolourshktrail@gmail.com](mailto:flyingcolourshktrail@gmail.com)
- visit: [www.flyingcolourshktrail.com](http://www.flyingcolourshktrail.com)



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Disclaimer: Participants should be in good physical condition and participate at their own risk, without any potential liability of the organizers of the trail.